

THE ROYAL PHILOSOPHICAL SOCIETY OF GLASGOW

SCOTTISH CHARITABLE INCORPORATED ORGANISATION (SCIO) CHARITY NO. SC015557



217th Lecture Series 7.30pm - 17th October 2018

Professor Sir Harry Burns Wellbeing - what it is and what causes it?



ABSTRACT

Sir Harry's principal interest is in using Improvement Science to transform the lives of people, particularly children and young people living socially difficult lives. More widely, his focus is on how societies can create "wellness" – where health is a state of complete physical, mental and social wellbeing, not merely the absence of illness. By looking at the association of social patterns and health, it is possible to develop interventions which are aimed at narrowing health inequalities and enabling individuals to find meaning and have a sense of coherence in their lives. To be effective, this requires collaboration across health, education, social services, academia and government. Sir Harry's work reflects this range and scope.

BIOGRAPHY

Sir Harry was Director of Public Health for Greater Glasgow Health Board, and in 2005 he became Chief Medical Officer for Scotland. He was knighted in 2011 and in April 2014 he became Professor of Global Public Health at Strathclyde University.

LINKS

<https://www.strath.ac.uk/research/internationalpublicpolicyinstitute/sirharryburns/>

**All lectures take place in Lecture Theatre K3.25, John Anderson Building,
University of Strathclyde, Rottenrow East, Glasgow G4 0NG.**

Non-members welcome

The John Anderson Building is in the pedestrianised area between Rottenrow and Rottenrow East. Free car parking is available behind the building. From High Street enter Rottenrow East at the Barony.

Refreshments will be served at 9.00pm.